



Get the best healthcare possible. It is available for eligible patients and fully voluntary!

Care Coordination Services offers care and condition management programs that can help you in many ways.



To learn more about taking charge of your health, call 803-434-6644 in the Midlands or 864-522-2060 in the Upstate.

✉ info@inVioHealthNetwork.org

☎ Midlands 803-434-6644
Upstate 864-522-2060

🌐 inVioHealthNetwork.org



Take Charge of Your Health

**Care Coordination Services
Guide for Patients**



inVio Health Network is an organization that negotiates value-based contracts with Medicare and other payors to improve the patient experience, improve quality, close gaps in healthcare, and be rewarded for reducing and improving efficiency in healthcare spending.

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Let Us Help You:

- Promote a good relationship with your medical team
- Develop a sound plan of care using evidence-based guidelines
- Overcome barriers to obtaining care
- Improve your overall health
- Prevent or reduce your risk for developing chronic conditions (“chronic” means long lasting or occurring often)
- Prevent a chronic disease you may have from getting worse
- Learn more about conditions you may have
- Understand the healthcare system better
- Connect you with community resources

Care Management Program

What is Care Management?

Care Management helps you take charge of your health. The goal is to make sure you get the right care at the right time in the right place. As a result, you could see improved health at a lower cost.

What is the nurse care manager’s role?

A nurse care manager coordinates your care and encourages you to take control of your health. The nurse care manager helps you by:

- Providing education and guidance as needed
- Linking you to your providers to ensure that you get the best care
- Accessing the care and services of the healthcare system

How does this program work?

A care manager will connect with you to discuss your health needs and goals. That person then develops a unique care plan with you and your provider. Once this plan is in place, the care manager will follow up with you regularly. That person may be at your provider visits or call to see how you are doing.

Condition Management Program

What is Condition Management?

Condition Management is for people who have chronic conditions or are at risk for a chronic condition. Here are examples of chronic diseases:

- Diabetes
- Heart failure
- COPD (chronic obstructive pulmonary disease)
- Asthma
- High blood pressure
- High cholesterol

The goal is to empower you to manage your risks and follow a healthy lifestyle, with help from a health coach.

What is the health coach’s role?

A health coach helps you create an action plan. That person also helps you understand and manage your condition or risk. Your health coach updates your providers on your action plan, goals, and progress.

How does this program work?

As part of the program, you receive educational materials, phone calls, and/or in-person meetings with a health coach.



Behavioral Health Care Management Program

What is Behavioral Health Management?

Behavioral Health Management works with patients with chronic behavioral health conditions or those at risk for chronic behavioral health conditions such as:

- Depression
- Anxiety
- Substance use/abuse

Our purpose is to empower you to manage your risks through education and resource support. We do this by:

- Finding resources
- Making connections
- Educating you on healthy activities
- Empowering and supporting you in your personal behavioral health goals

What is the behavioral health care manager’s role?

The behavioral health care manager will assess your behavioral health needs and assist in coordination of behavioral health treatment options.

Social Work Program

What is Social Work?

Social workers in healthcare help patients and their families manage the emotional and social aspects of health.

What is the social worker’s role?

The social worker helps you by:

- Finding resources in the community
- Making connections to resources that can assist you
- Supporting you and your family

How does this program work?

The social worker will assess any needs or barriers. He or she will develop a care plan to connect you with needed resources.